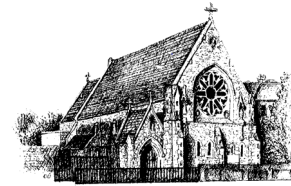




On 7th October, Pope Francis calls all Catholics to pray the Rosary in the month of October. He asked us to add two prayers at the end of the Rosary, the prayer to St Michael and the *Sub tuum praesidium*, an ancient invocation to Our Lady. You will find both below

St. Michael the Archangel, defend us in battle. Be our defence against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

We fly to thy patronage, O holy Mother of God; despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.



OUR LADY & ST CATHERINE OF SIENA

Parish Priest: Fr Howard James

177 Bow Road, London E3 2SG

Tel: 020 8980 3961, Email: bow@rcdow.org.uk

Website: <https://>

www.stcatherinebow.church



**10TH OCTOBER 2021
TWENTY-EIGHTH SUNDAY IN ORDINARY TIME**

Parish Masses for the coming weeks:

Date	Feast	Time	Mass Intention
Sat 9th	ST JOHN HENRY	6pm	Pat COOK (RIP)
Sunday 10th October	Twenty-Eighth Sunday Ordinary Time	9.30am	People of the Parish
		11.30am	HOLY SOULS
		6pm	HOLY SOULS
Mon 11th	St John	10am	For those Imprisoned for the Faith
Tues 12th		10am	Wilma JOHN (Birthday)
Wed 13th		10am	Collette & Marlon DAVIS
Fri 15th October		12noon	HOLY SOULS

Adoration of the Blessed Sacrament Friday 11am–11.45am

Reconciliation Saturday 5.00pm - 5.45pm.

Parish Secretary: Angela Braniff - Wed, 9.30am - 2.30 pm

Columban Sisters - Tel: 020 8980 3017

St Agnes School, Rainhill Way, E3 3ER Tel: 02089803076 -

Dear Parishioners,

I am here.

It has been a very good and interesting experience being here as your Parish Priest in Bow.

I have had an opportunity to walk around the Parish, to meet many of you, to visit and work at the Food Bank, to visit the Shut-ins and generally get a feel of the Community and People.

I am very honoured and humbled to be asked to be your Parish Priest and I hope that we can continue to build on the work of my many predecessors. They have journeyed with you to this point and I am continuing the journey.

I see my time here as one of service and growing in our faith journey, in working 'in the garden' to continue planting seeds and caring for those that have been planted over the years.

I am very impressed with the 'gardening' concept of the Parish, particularly the Laudato Si group of ladies who care for the Earth and gardens at the church. I am impressed by the parishioners who have their patch, that they care for to make the surroundings welcoming. The joy of watching parishioners care for the infrastructure of the church, the spiritual life of the church, the catechesis and on going formation is a good base to carry on.

I thank you all for the welcome and I pray that we will continue this journey, in the Kingdom/ Garden, as we strive to serve God and each other.

I pay honour to all the priests who have given their service to Our Lady and St Catherine. God bless you for your ministry.

The sanctuary lamp is burning in honour of **JACKIE SAID, RIP**

Fr Howard

Weekday Mass Times

Weekday Mass times have changed, as of **Mon 27th September** masses on Monday, Tuesday & Wednesday will revert back to **10am**, Friday's Mass remains the same at 12 Noon. There will be no Mass on a Thursday

Reconciliation

Is celebrated Saturday 5pm. Otherwise please contact Fr Howard for an appointment.

Broadcast of 11.30am Mass

Broadcast of the 11.30am Mass on YouTube. You can find us on our New YouTube page: <http://bit.ly/StCatherinesLiveMass>. And on Facebook www.facebook.com/StCatherineBow/

Baptism—Please make an appointment with Fr Howard to arrange a date.

Wedding—anyone wishing to get married in a Catholic Church, either St Catherine or anyone else should speak to Fr Howard to complete the necessary paperwork. A minimum of 6 months is needed.

RCIA—meetings will resume after the summer

First Holy Communion 2021

Please pray for the children who will be making their First Holy Communions on the following dates: 23rd Oct (**rehearsal will be on Mon 18th at 6pm**) & 6th Nov (**rehearsal will be on Mon 1st Nov at 5pm** - due to Holy Day of Obligation).

Restoration – Thanks to a generous donation from an anonymous benefactor, we have restored the statue of St Joseph. Work is being carried on with the Sacred Heart.

Parish Hall—Unfortunately the parish hall is unusable for time being, due to a leak.

First Holy Communion 2022 – Registration will take place in November

Pastoral Statistics— The final Annual Mass count will take place this weekend.

Cleaning Rota—New rota is available in the sacristy.

Cardinal Pole School - Open Mornings - from Mon 4th Oct—Fri 15th Oct
9am—10:15am by appointment at enquire@cardinalpole.co.uk for Year 5 & 6 parents & students.

November Dead List

Masses during November will be celebrated for the November Dead List. Envelopes and lists will be available next week

Facebook Page—the parish official Facebook page, www.facebook.com/StCatherineBow/ Do follow us

CAFOD Family Fast Day – Climate Crisis Appeal

Thank you to all those that took part in the Family Fast Day last weekend, envelopes will still be available this weekend for those still wishing to donate. We will announce the final total in due course.

Gardening at St Catherine—Meeting every Saturday at 10am to look after our garden. Each session begins with a short prayer/reflection inspired by Pope Francis' *Laudato Si*. Please contact Sr Kate if you are interested.

Bow Food Bank

The Bow Food Bank continues to need our support. The items for September are pasta and rice We will collect them and take them to the Food Bank after the 11.30am Mass at the end of the month. Volunteers are needed. For more information or if you want to volunteer, please check <http://www.bowfoodbank.org/wp/>

COVID restrictions—from 19th July most of the restrictions imposed by the Covid emergency have been lifted. At busier masses we will still ask you to follow the ushers' instructions when coming for communion. Face covering and social distancing are still recommended.

Financial support—Thank you for your ongoing financial support. you can give online (Account Name: WRCDT Bow; Sort Code: 40-05-20; Account Number: 01308157). You can also use the QR Code at the front of the Newsletter or on the green posters in Church. Also you can use the contactless device at the back of the Church.

Have you thought about a standing order? Do consider it as it would help us plan for future. It is simple

Mass intentions—There are free slots for masses in October. Suggested donation, £10

Sick/ Housebound

If you know of any sick or housebound parishioners that would like a home visit, please make them known to Fr Howard.

Sanctuary Lamp—The sanctuary lamp will be burning in memory of a faithful departed or as a prayer for the living. Suggested donation, £10.

Altar Servers

Existing Altar servers who wish to come back, please see Paul. Children that have just made or will make First Holy Communion can parents see Paul if you wish for your child to become an Altar Server

Fr Javier's contact details—from 1st September, Fr Javier address is Allen Hall Seminary, 28 Beaufort Street, SW3 5AA. Email: javierruiz@rcdow.org.uk